

Steak with Bacon Wrapped Asparagus

TOTAL TIME: 30 mins

<u>LEVEL</u>: easy

An indulgent but easy steak dinner, perfect for special occasions and on the table in 30 minutes.

Ingredients

700g steak (best cut you can afford) 500g frozen chips 4 Tbsp oil 2 bunches asparagus 200g bacon 3 garlic cloves, minced salt + pepper

Directions

- 1. Preheat oven and remove steaks from the fridge so they come to room temperature.
- 2. Spread out chips on a baking tray and bake according to packet instructions.
- 3. Season steak with salt and pepper. Heat 2 Tbsp of oil in a large frying pan over a high heat. Place steaks in the pan and cook for 3-4 minutes on each side, turning only once. Set aside to rest.
- 4. Meanwhile coat asparagus in oil and sprinkle with salt and pepper. Wrap 3-4 spears in bacon. Cook in a frying pan over medium high heat with garlic for 6-8 minutes. Rotating often.
- 5. Remove chips from the oven, slice steak and serve with bacon wrapped asparagus.

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